

# 2010 - Girls All Time Top Ten

## 200 Medley Relay - 2009

|                   |       |
|-------------------|-------|
| Chelsea Griffiths | 26.14 |
| Jordan Danny      | 28.71 |
| Maggie Hanson     | 25.75 |
| Hayley Good       | 23.87 |
| 1:44.47           |       |

## 200 Free Relay - 2010

|                    |              |
|--------------------|--------------|
| Nicolette Barreiro | <b>25.02</b> |
| Nina Morrison      | <b>24.69</b> |
| Hayley Good        | <b>24.28</b> |
| Sam Asencio        | <b>24.28</b> |
| 1:38.27            |              |

## 400 Free Relay - 2009

|                   |       |
|-------------------|-------|
| Maggie Hanson     | 53.05 |
| Chelsea Griffiths | 51.63 |
| Jordan Danny      | 51.76 |
| Sam Asencio       | 52.61 |
| 3:29.05           |       |

## 50 Free

|                       |                |             |
|-----------------------|----------------|-------------|
| 1. Lindsay Gassner    | 23.40          | 1993        |
| 2. Evy Wild           | 24.04          | 1991        |
| 3. Rachael Stoffel    | 24.56          | 2008        |
| 4. Becky Skyler       | 24.59          | 1994        |
| 5. Hayley Good        | 24.61          | 2009        |
| 6. Sam Asencio        | <b>24.69</b>   | <b>2010</b> |
| 7. Chelsea Griffiths  | 24.98          | 2009        |
| 8. Alexis Peterson    | 25.01          | 2002        |
| 8. Maggie Hanson      | <b>25.01</b>   | <b>2010</b> |
| 9. Nicolette Barreiro | <b>25.02 L</b> | <b>2010</b> |
| 10. Shannon McCarthy  | 25.30 L        | 2004        |

## 500 Free

|                     |                |             |
|---------------------|----------------|-------------|
| 1. Nicole Antoniuk  | <b>5:02.78</b> | <b>2010</b> |
| 2. Rachael Krager   | 5:03.12        | 2008        |
| 3. Megan Schultz    | <b>5:07.62</b> | <b>2010</b> |
| 4. Asia Antoniuk    | <b>5:08.77</b> | <b>2010</b> |
| 5. Jordan Danny     | 5:15.08        | 2008        |
| 6. Shannon McCarthy | 5:15.10        | 2004        |
| 7. Alena Henrich    | 5:15.57        | 1997        |
| 8. Hayley Good      | <b>5:17.59</b> | <b>2010</b> |
| 9. Robyn Burton     | 5:18.64        | 1990        |
| 10. Anna Blomster   | 5:19.14        | 1986        |

## 100 Backstroke

|                         |                |             |
|-------------------------|----------------|-------------|
| 1. Chelsea Griffiths    | 54.98          | 2009        |
| 2. Shannon Coskran      | 59.43          | 1999        |
| 3. Maggie Hanson        | 59.65          | 2008        |
| 4. Shannon McCarthy     | 1:00.00        | 2004        |
| 5. Megan Schultz        | <b>1:00.96</b> | <b>2010</b> |
| 6. Evy Wild             | 1:02.2         | 1991        |
| 7. Amy Sexton           | 1:02.42        | 1995        |
| 8. Robyn Burton         | 1:02.43        | 1992        |
| 9. Christine Castellano | 1:02.78        | 1998        |
| 10. Gina Knox           | 1:03.62        | 1999        |

## 100 Free

|                       |                |             |
|-----------------------|----------------|-------------|
| 1. Lindsay Gassner    | 50.69          | 92/93       |
| 2. Chelsea Griffiths  | 51.83          | 2009        |
| 3. Evy Wild           | 52.40          | 1991        |
| 4. Maggie Hanson      | 52.54 L        | 2009        |
| 5. Hayley Good        | <b>53.07</b>   | <b>2010</b> |
| 6. Nina Morrison      | <b>53.81</b>   | <b>2010</b> |
| 7. Jordan Danny       | 53.82          | 2008        |
| 8. Sam Asencio        | 53.93          | 2008        |
| 9. Nicolette Barreiro | <b>54.20 L</b> | <b>2010</b> |
| 10. Rachael Stoffel   | 54.25          | 2008        |

## 100 Butterfly

|                     |              |             |
|---------------------|--------------|-------------|
| 1. Maggie Hanson    | <b>56.14</b> | <b>2010</b> |
| 2. Becky Skyler     | 58.28        | 1994        |
| 3. Rachael Krager   | 58.59        | 2008        |
| 4. Jordan Danny     | 58.71        | 2009        |
| 4. Sam Asencio      | 58.71        | 2009        |
| 5. Anna Blomster    | 59.10        | 1986        |
| 6. Asia Antoniuk    | <b>59.63</b> | <b>2010</b> |
| 7. Nicole Antoniuk  | <b>59.91</b> | <b>2010</b> |
| 8. Shannon Coskran  | 1:00.36      | 2002        |
| 9. Anne Glenn       | 1:00.69      | 2001        |
| 10. Lindsay Gassner | 1:01.1       | 1993        |

## 200 Individual Medley

|                         |                |             |
|-------------------------|----------------|-------------|
| 1. Jordan Danny         | 2:03.18        | 2008        |
| 2. Maggie Hanson        | <b>2:04.48</b> | <b>2010</b> |
| 3. Nicole Antoniuk      | <b>2:09.94</b> | <b>2010</b> |
| 4. Alena Henrich        | 2:10.67        | 1997        |
| 5. Becky Skyler         | 2:11.01        | 1996        |
| 6. Shannon McCarthy     | 2:11.35        | 2004        |
| 7. Christine Castellano | 2:11.77        | 2001        |
| 8. Anna Blomster        | 2:13.11        | 1986        |
| 9. Rachael Krager       | 2:13.3         | 2006        |
| 10. Chelsea Griffiths   | 2:14.25        | 2009        |

## 200 Free

|                       |                  |             |
|-----------------------|------------------|-------------|
| 1. Maggie Hanson      | 1:52.98          | 2009        |
| 2. Jordan Danny       | 1:54.83          | 2009        |
| 3. Hayley Good        | <b>1:54.89</b>   | <b>2010</b> |
| 3. Nina Morrison      | <b>1:54.89</b>   | <b>2010</b> |
| 4. Sam Asencio        | 1:55.66          | 2009        |
| 5. Rachael Krager     | 1:55.98          | 2008        |
| 6. Molly Rogers       | 1:57.32          | 2005        |
| 7. Nicole Antoniuk    | * <b>1:57.42</b> | <b>2010</b> |
| 8. Evy Wild           | 1:57.48          | 1989        |
| 9. Nicolette Barreiro | <b>1:58.10</b>   | <b>2010</b> |
| 10. Megan Schultz     | * <b>1:58.99</b> | <b>2010</b> |

## 100 Breaststroke

|                         |                |             |
|-------------------------|----------------|-------------|
| 1. Jordan Danny         | 1:01.57        | 2009        |
| 2. Monica Oleksyn       | 1:05.72        | 1994        |
| 3. Alena Henrich        | 1:07.45        | 1997        |
| 4. Kelli Miller         | <b>1:08.46</b> | <b>2010</b> |
| 5. Nicole Antoniuk      | 1:08.65        | 2009        |
| 6. Erin Walsh           | 1:09.20        | 1993        |
| 7. Lynn Gospodarek      | 1:09.24        | 1987        |
| 8. Kate Pellymouter     | 1:10.86        | 2007        |
| 9. Christine Castellano | 1:11.07        | 2001        |
| 10. Sara Yohanna        | 1:11.12        | 2002        |



L - Designates a Lead-Off Leg  
 \* - Achieved during the 500 free

## 2010 - Boys All Time Top Ten

### 200 Medley Relay - 2009

|                 |         |
|-----------------|---------|
| Chris Weber     | 24.18   |
| Nick Korth      | 26.12   |
| Konrad Antoniuk | 23.59   |
| Andrew Skvarna  | 21.11   |
|                 | 1:35:00 |

### 200 Free Relay - 1998

|                   |         |
|-------------------|---------|
| Ryan Parmenter    | 21.53   |
| Eric Pritchett    | 21.96   |
| Christian Knepeck | 22.39   |
| Anthony Ervin     | 20.41   |
|                   | 1:26.28 |

### 400 Free Relay - 1998

|                   |         |
|-------------------|---------|
| Ryan Parmenter    | 46.61   |
| Eric Pritchett    | 47.68   |
| Christian Knepeck | 48.18   |
| Anthony Ervin     | 44.82   |
|                   | 3:07.25 |

### 50 Free

|                    |         |      |
|--------------------|---------|------|
| 1. Anthony Ervin   | 20.21   | 1999 |
| 2. Mike Linn       | 20.58   | 2002 |
| 3. Ryan Parmenter  | 21.53 L | 1998 |
| 4. Alex Ngan       | 21.56   | 2010 |
| 5. Harold Wood     | 21.64   | 1977 |
| 6. Andrew Skvarna  | 21.76   | 2009 |
| 7. David Plasterer | 21.99   | 1989 |
| 8. Chris Weber     | 22.05 L | 2007 |
| 9. Eric Pritchett  | 22.12   | 1998 |
| 10. Jeff Linn      | 22.24   | 2005 |

### 500 Free

|                      |         |      |
|----------------------|---------|------|
| 1. Konrad Antoniuk   | 4:33.01 | 2010 |
| 2. Ryan Parmenter    | 4:36.69 | 1997 |
| 3. Mitch Johnson     | 4:39.74 | 2010 |
| 4. Kent Klawer       | 4:41.23 | 2004 |
| 5. Eric Pritchett    | 4:42.81 | 2000 |
| 6. Christian Knepeck | 4:44.94 | 1998 |
| 7. Daniel Hofstedt   | 4:48.12 | 2006 |
| 8. David Deloria     | 4:48.41 | 2002 |
| 9. Blair Cannon      | 4:51.80 | 1986 |
| 10. Mark Pickering   | 4:52.43 | 1989 |

### 100 Backstroke

|                    |       |      |
|--------------------|-------|------|
| 1. Ryan Parmenter  | 51.69 | 1999 |
| 2. Alex Ngan       | 51.90 | 2010 |
| 3. Anthony Ervin   | 52.09 | 1997 |
| 4. Goran Bistic    | 52.46 | 2005 |
| 5. K.C. Linn       | 53.33 | 2008 |
| 6. Chris Weber     | 53.84 | 2009 |
| 7. Igor Bistic     | 53.89 | 2001 |
| 8. Konrad Antoniuk | 54.10 | 2010 |
| 9. Matt Gannon     | 54.23 | 2005 |
| 10. Jeff Hoskinson | 55.24 | 1992 |

### 100 Free

|                    |         |      |
|--------------------|---------|------|
| 1. Anthony Ervin   | 44.11   | 1999 |
| 2. Mike Linn       | 45.59   | 2002 |
| 3. Ryan Parmenter  | 46.55   | 1998 |
| 4. Alex Ngan       | 46.72 L | 2010 |
| 5. David Deloria   | 47.19   | 2002 |
| 6. Blair Cannon    | 47.50 L | 1989 |
| 7. Harold Wood     | 47.92   | 1977 |
| 8. David Plasterer | 47.93 L | 1989 |
| 9. Andrew Skvarna  | 48.00   | 2009 |
| 10. Jim Cabbage    | 48.08   | 1983 |

### 100 Butterfly

|                    |       |      |
|--------------------|-------|------|
| 1. Chris Weber     | 50.73 | 2009 |
| 2. Alex Ngan       | 50.79 | 2010 |
| 3. Brent Stevenson | 51.71 | 2008 |
| 4. Sean Gucciardi  | 51.73 | 2005 |
| 5. Ryan Parmenter  | 52.36 | 1999 |
| 6. Konrad Antoniuk | 52.38 | 2010 |
| 7. Mitch Johnson   | 52.65 | 2010 |
| 8. Brent Ford      | 52.74 | 1985 |
| 9. Nick Korth      | 52.81 | 2008 |
| 10. Goran Bistic   | 53.10 | 2005 |

### 200 Individual Medley

|                      |         |      |
|----------------------|---------|------|
| 1. Ryan Parmenter    | 1:51.96 | 1999 |
| 2. David Deloria     | 1:54.03 | 2002 |
| 3. Kent Klawer       | 1:54.29 | 2004 |
| 4. Konrad Antoniuk   | 1:54.99 | 2010 |
| 5. Blair Cannon      | 1:55.69 | 1989 |
| 6. Chris Weber       | 1:55.87 | 2007 |
| 7. Christian Knepeck | 1:56.89 | 1998 |
| 8. Anthony Ervin     | 1:57.1  | 1998 |
| 9. Matt Gannon       | 1:58.21 | 2005 |
| 10. Jeff Hoskinson   | 1:59.36 | 1992 |

### 200 Free

|                    |         |      |
|--------------------|---------|------|
| 1. Ryan Parmenter  | 1:40.90 | 1998 |
| 2. Konrad Antoniuk | 1:43.20 | 2010 |
| 3. Daniel Hofstedt | 1:43.59 | 2006 |
| 4. Eric Pritchett  | 1:43.67 | 2000 |
| 5. David Deloria   | 1:46.18 | 2002 |
| 6. Blair Cannon    | 1:46.84 | 1987 |
| 6. Todd Ford       | 1:46.84 | 1989 |
| 7. Jim Cabbage     | 1:47.0  | 1983 |
| 8. Sean Gucciardi  | 1:47.14 | 2005 |
| 9. Anthony Ervin   | 1:47.50 | 1998 |
| 10. Craig Miller   | 1:47.73 | 1986 |

### 100 Breaststroke

|                       |         |      |
|-----------------------|---------|------|
| 1. Nick Korth         | 56.75   | 2009 |
| 2. Chris Weber        | 57.46   | 2009 |
| 3. Andre Sallas-Cunha | 59.06   | 1992 |
| 4. Blair Cannon       | 59.43   | 1989 |
| 5. Ryan Parmenter     | 1:00.3  | 1999 |
| 6. Thane Blinman      | 1:00.94 | 1984 |
| 7. Grant Miladin      | 1:01.59 | 2010 |
| 8. Sean Kakumu        | 1:01.63 | 2001 |
| 9. Todd Morse         | 1:01.68 | 1980 |
| 10. Jeff Linn         | 1:01.82 | 2005 |



L - Designates a Lead-Off Leg