

**SWIMTULSA DECATHLON**  
**OCTOBER 11-12, 2008**  
Union 6<sup>th</sup> & 7<sup>th</sup> Grade Center Pool  
10100 E 61, TULSA, OKLAHOMA  
Held under the Sanction of USA Swimming  
By Oklahoma Swimming, Inc.  
SANCTION NO.: Pending

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**SCHEDULE:**

Saturday	Warm-up: 8:45 – 9:45 AM	Timed Finals: 10:00 am
Sunday	Warm-up: 8:45 – 9:45 AM	Timed Finals: 10:00 am

**WARM-UPS:** There may be split warm-up sessions. Team lane assignments will be posted for all Warm-up sessions. Teams will be notified of their Warm-up times. Warm-up schedules will also be posted throughout the venue and in the heat sheet. Warm-up activities will be organized by the coaches. Disputes will be resolved by the meet marshal or referee. Visit the SwimTulsa website for updates regarding warm-up times: [www.swimtulsa.org](http://www.swimtulsa.org)

**ELIGIBILITY:** This meet is open to all registered USAS swimmers. Age as of October 11, 2008 will determine eligibility for age group.

**ENTRY FEES:** \$2.50 for each individual event (\$1.56 goes to OKS). \$5.00 for each relay (\$1.25 goes to OKS)

**SURCHARGE:** \$10.00 for each swimmer (\$3.00 goes to OKS Reserve Fund).

**PAYMENT:** Include a single check payable to SwimTulsa with meet entries. If entries are Faxed or e-mailed, check must be received before team participates.

**ENTRY LIMIT:** A swimmer may enter a maximum of FIVE individual events each day

**ENTERING EVENTS:** SD3 or CL2 files are preferred. Handwritten or printed entries must indicate swimmer's name, sex, age, USAS number, event numbers, and entry times. No-Times will be accepted only if the swimmer has not previously swum the stroke/distance, regardless of the age-group. You may submit entries on the entry form provided. A signed summary page indicating that the swimmers are current USAS members is required. (E-mail files must have Summary Page included). **Entry times should be provided in short course yards times.** All events will be swum together, and results and awards will be listed out by each age group (8 & U, 9-10, 11-12, 13-14, 15-16 & open).

**DECK ENTRIES:** Deck entries will be accepted at the computer desk up to 30 minutes before the session begins. Deck entry fees will be \$5.00 for individual events (62.5% goes to OKS) or \$5.00 relay events (25% goes to OKS). No new heats will be created. Deck entries will be allowed to swim in the order in which submitted. **THERE IS NO GUARANTEE THAT A DECK ENTRY WILL BE PERMITTED TO SWIM AN EVENT AND THERE WILL BE NO REFUNDS OF ENTRY FEES.** A swimmer who scratches one event and enters another to replace it will be charged for a deck entry.

**RULES:** 2008 USAS Rules, supplemented by Oklahoma Swimming, Inc. Rules, will govern the meet.

**NON-ATHLETES:** Non-athletes must wear current USAS registration cards while on deck. Coaches must also wear proof of current CPR, First Aid, and Coach's Safety certification while on deck. The pool deck is only open to swimmers, coaches, officials and meet volunteers.

**CHECK-IN:** All events are pre-seeded and check-in is not required.

**HEAT SHEETS:** Heat sheets will be available for \$5.00 each at the concession area.

**FINAL RESULTS:** One copy of results will be e-mailed to each team entered within two weeks after the conclusion of the meet. Additional results may be ordered for \$5.00 a copy by leaving name and address at the computer desk.

**AWARDS:** Participation awards will be provided. A "Decathlon" award goes to the winner of the Decathlon in each age group (Male 9-10, 11-12, 13-14, 15-16, Open, Female 9-10, 11-12, 13-14, 15-16, Open). To be eligible for the Decathlon award, a swimmer must swim all 10 events offered in the same age group on Saturday and Sunday without receiving a disqualification. Decathlon winners are determined within each sex and age group based upon the fastest total times for 10 events swum Saturday and Sunday.

A "Pentathlon" award goes to the winner of the Pentathlon in the Male 8 and under and Female 8 and under age groups. In order to be eligible for the 8 and Under Pentathlon award, a swimmer must swim all five events offered in the 8 and under category on Saturday and Sunday without receiving a disqualification. Pentathlon winners are determined within each sex in the 8 and under age group based upon the fastest total times for 5 events (see \* below) swum Saturday and Sunday.

**SCORING:** This will not be a scored meet.

**POOL:** Eight lane, 25 meter, 4" lane ropes, and Daktronics timing system with multi-line scoreboard. Spectator area above pool deck, full concession stand, and coaches and officials hospitality area.

**SAFETY:** Safety marshals will monitor activities according to the safety rules of OKS. Repeated violations or activities considered to be sufficiently dangerous may result in ejection from the meet. ***No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet. Safety Marshals will insure that locker rooms are monitored as often as possible by all meet personnel.***

**INTERNET:** You can find this meet information, Warm-up schedules, and final results at [www.swimtulsa.org](http://www.swimtulsa.org).

**DEADLINE:** Entries must be in the hands of the meet director by Friday, October 3, 2008.  
**ENTRIES WHICH REQUIRE SIGNATURE FOR RECEIPT WILL NOT BE ACCEPTED! Send to:**

Corinne Dolan  
6260 S. Jamestown  
Tulsa, OK 74136

918-260-0387 (cell)  
918-495-1164 (home)  
[meetchief@swimtulsa.org](mailto:meetchief@swimtulsa.org) (e-mail) (you may attach SD3, CL2, Excel, or Word files)

**Session: 1 Saturday, October 11, 2008**

Warm-up: 8:45 AM Timed Finals: 10:00 AM

One Session – All events seeded and swum together, awards and results will be listed separately for each age group.

Girls	Event	Boys
1*	50 Fly	2*
3	200 IM	4
5*	50 Free	6*
7	100 Breast	8
9*	50 Back	10*
11	Open 200 Medley Relay	12

\* PENTATHLON EVENT

**Session: 2 Sunday, October 12, 2008**

Warm-up: 8:45 AM Timed Finals: 10:00 AM

One Session – All events seeded and swum together, awards and results will be listed separately for each age group.

Girls	Event	Boys
13*	100 IM	14*
15	100 FLY	16
17	100 FREE	18
19	100 BACK	20
21*	50 BREAST	22*
23	OPEN 200 FREE RELAY	24

\* PENTATHLON EVENT

JENKS TROJAN SWIM CLUB MEET ENTRY FORM

MEET: Swim Tulsa Decathlon

SWIMMERS FULL NAME \_\_\_\_\_

DOB \_\_\_\_\_ & Phone No. \_\_\_\_\_

ENTER INDIVIDUAL EVENTS ONLY!!!

Event# CIRCLE DISTANCE CIRCLE STROKE

- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM
- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM
- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM
- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM
- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM
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- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM
- \_\_\_\_\_ 50 100 200 400 500 800 1000 1500 1650FR BK BRST FLY IM

Total Number of Events \_\_\_\_\_ X \$2.50= \$ \_\_\_\_\_

Host/LSC Surcharge=\$10.00

JTSC Family Fee (\$15 first child, \$7.50 second child)= \$15.00

TOTAL FEES= \$ \_\_\_\_\_

PLEASE PAY ONLINE OR MAKE CHECKS PAYABLE TO JCE

ENTRIES DUE Tuesday September 30, 2008 by 6:00

E-Mail @ [swimclub@jenksps.org](mailto:swimclub@jenksps.org) for questions