



Summer 2011

Nansemond Swim Club

It Takes a Village.....

Nansemond Swim
Club Newsletter

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It is always amazing what we can accomplish when our members pull together! We want to recognize some very special members who took time out of their busy schedules to help make the pool cleaner, safer, and more fun for all of us....

- A BIG thank you goes to Suzanne Wright for being our club president for the past two years. These were a financially stressful two years but there is no one better at that job than Suzanne. Chuck, we give you your wife back!
- Tom Croley and Kevin Bull stabilized the playset Jeff Goodwin had made. The kids played on it so much, the screws and bolts were beginning to loosen!
- Tim Bowden, Jim Hamilton, and Kevin Bull worked on electrical lines and fixed the pool lights.
- Troy Merryfield and Jamie MacKenzie cleaned the tennis courts, and Nancy Keating worked on keeping vines from overtaking the courts.
- Twenty-eight people came to Midtown Aquatic Center to be timers at AAU International Junior Olympics. The NSC groups worked 2 1/2 sessions and made \$1200 for the pool. Scott and Dora Schwegal came back from their vacation at OBX to help time so that we would have enough timers! Thank you also goes to Veritas Christian Academy for coming to bless us with additional timers!
- Cameron Ebel replaced all the lane line bodies by hand to save the pool money. But this year he wants to replace all the lane line wires!
- Jill Goodwin re-painted the rules up on the wall! Thank you, Jill!
- LeeAnn Hawley and Kelly McGlynn assisted at our parties and fundraisers.
- Jamie MacKenzie just comes and fixes just about anything! This guy is wonderful to our pool so when you see Jamie, just say thank you to him!
- Cameron Ebel, Nancy Keating, Tom Croley, and Kim Bowden cleared brush that was making the place look run down. Kim is ALWAYS looking for ways to have the pool look nicer! Thank you all!
- Susan and Whit Saunders hauled off a huge amount of brush in between a hard day of work for both of them and more hard work waiting at home with two little ones!

Important Dates:

- April 30th— No late fee if pool dues paid before this date
- May 5th — Skating Into Summer! 6-8p; Smithfield Skating Rink, cost \$7 (incl skates, drink, slice pizza)
- May 14th— Clean Up Day 9am-1pm (all members needed)
- May 30th— Memorial Day Celebration and Opening Day Ice Cream Social
- June 11th—Open House 12n—6pm and National Iced Tea Day (fresh brewed all day on us 12n-6p!)
- July 4th— Fourth of July Pool Celebration (Poolside 6pm-10pm)
- August 10th—National S'mores Day (on us at 7pm!)
- September 5th— Labor Day, pool closes 5pm (all members needed)

Fourth of July

Come join fellow members at the pool starting at 6pm on July 4th for a night of holiday fun, food, and fireworks! We have the best seat in the house to view the fireworks!

Cost is \$10 per person and \$25 per family. The parking lot will be reserved for party-goer parking but others may park at a cost of \$10.

Bring your friends!



Asking Gratefully, a “Wish List”

We have an ongoing “wish list” of items we wish we could spend money on, but at this time it is financially not a good idea. Would you be willing to look for one of these gently-used items in your garage or attic? Or maybe purchase an item or two from craigslist? Or maybe look for one of these at a yard sale?

For more information, please email nansemondswimclub@gmail.com.

- Sand to help restore the volleyball court
- Cornhole boards and beanbags
- Two hammocks
- Tennis rackets and balls
- Sponsorship \$\$\$ so the Pool Manager can purchase:
 - Ice packs for bumps/bruises (\$5 each)
 - 3 rescue tubes (\$41 each)
 - NSC Staff t-shirts (\$15 each)
 - 5 whistles with lanyards (\$10 each)
 - Industrial first aid kit—\$86
- 12 water dumbbells
- Water exercise CDs
- CD player
- Mulch
- Outdoor Movie Screen and Projector
- Tools for our tool boxes
- Water games, net
- A sandwich board for ads

- Outdoor games (badminton, etc)

Healthy Swimming Behaviors

Pool water illnesses are caused by germs spread by swallowing or having contact with contaminated water. The germs that cause water illness include cryptosporidium, shigella, salmonella, and e.coli. These germs can cause diarrhea, dehydration, shock, or skin infections.

Chlorine kills the germs that cause water illnesses but it takes longer to kill some germs. Crypto can live for four days even in a properly disinfected pool. That is why it is so important for us to keep germs out of the water in the first place!

Here's what swimmers and parents can do:

- Take your little swimmers on bathroom breaks or check diapers often. Waiting to hear “I have to go” may mean it is too late.
- Change diapers in the bathroom at a diaper-changing area and not poolside.
- Wash your child thoroughly after a bowel movement (especially the bottom) with soap and water before swimming. Invisible amounts of fecal material can end up in the pool.
- Use swim diapers and consider plastic pants.
- For the older swimmer, don't swim when you have a fever or diarrhea. You can swim and make others sick.
- Don't swallow the pool water. Avoid getting water in your mouth.
- Practice good hygiene. Shower prior to entering the pool. Wash your hands with soap and water after using the toilet or changing a diaper. Germs on your body end up in the pool.

Website Hotspots

www.nansemondswimclub.com

On www.nansemondswimclub.com you can find our hours of operation, the days and times we are closed, important dates to remember, our mailing address, directions, street address, our phone number, a new member application, pool rules, guest policies, who the board members are, what the pool looks like, this newsletter, our by-laws, the procedure for transferring stock, the procedure for purchasing new stock, information about parties, how to become a corporate sponsor, who our corporate sponsors are, who holds our swim team records, the email address for the pool, who is in charge of membership for the pool..... (so, there is a lot of stuff on the website!)



Pool Rules

These rules are for the safety of all who use the pool. Please take a moment to review these rules with your family:

- No running on pool concrete.
- No punching, dunking, chicken fighting, spitting or using squirt guns.
- Floats are not allowed in the deep end. In the event of overcrowding in the pool, you may be asked to remove your float.
- Sponge balls may be used in the pool. No hard balls are allowed. Balls should not be thrown across the entire pool when crowded.
- The wading pool is for small children. Parents are responsible for their safety. Children should not climb the walls/fence in the wading pool.
- Children under 12 years of age must be accompanied by an adult, unless they have demonstrated their swimming skills to a lifeguard and parents have signed a waiver of liability with the Manager.

- All members must register themselves and guests at the front gate with a lifeguard. Guest fees are \$5.00 per swimmer.
- Only one person is allowed on the diving board at a time. ABSOLUTELY NO gainers or inverted dives are allowed. A member and/or guest may be asked to leave if these rules are not followed.
- Alcoholic beverages are only allowed at special events; those consuming must be at least 21 years of age.
- Smoking by anyone under the age of 18 is not permitted.
- NO glass containers are allowed at the pool.
- Trash cans are conveniently located around the pool.
- The pool will close when the air temperature drops below 70 degrees and during storms; parents are responsible for ensuring their child is picked up under such conditions.
- No pets are allowed at the pool.
- The pool is not responsible for loss or damage to private property at the pool.
- The parking lot is to be used for parking only; no loitering.
- All children in diapers are required to wear swim diapers while at the pool. You may purchase these in the office if you do not have one.
- Managers will monitor rain days. We try to keep the pool open as much as possible; however, sometimes we have to close due to the weather.
- Members are responsible for the conduct of their family members and guests while on pool property.
- Members must be present at the pool when they have guests.
- We welcome all members and their guests, but please remember that the pool is not a babysitting service. This policy will be enforced to ensure the safety of all members.

Summer 2011 Swim Lessons

<p>For: Level 2 Dates: May 31-June 4 & June 6-10 Time: 3:00-3:45 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Josh Goodwin Limit: 10 Registration recommended by: May 1st Contact info: nansemondswimclub@gmail.com (Dependant on pool water temperatures)</p>	<p>For: Level 2 Dates: June 13-17 & June 20-24 Time: 4:00-4:45 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Josh Goodwin Limit: 10 Registration recommended by: May 1st Contact info: nansemondswimclub@gmail.com</p>	<p>For: Level 3 Dates: July 5-8 and July 11-15 Time: 10:30-11:15 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Cathy Bull Limit: 10 Registration recommended by: June 1st Contact info: nansemondswimclub@gmail.com</p>
<p>For: Level 3 Dates: May 31-June 4 & June 6-10 Time: 4:00-4:45 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Josh Goodwin Limit: 10 Registration recommended by: May 1st Contact info: nansemondswimclub@gmail.com (Dependant on pool water temperatures)</p>	<p>For: Level 1 Dates: June 21-24 & June 27-July 1 Time: 10:30-11:15 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Cathy Bull Limit: 10 Registration recommended by: May 1st Contact info: nansemondswimclub@gmail.com</p>	<p>For: Level 1 Dates: July 18-22 & July 25-29 Time: 6:30-7:15pm Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Susan Saunders Limit: 10 Registration recommended by: June 1st Contact info: nansemondswimclub@gmail.com</p>
<p>For: Level 1 Dates: June 13-17 & June 20-24 Time: 3:00-3:45 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Josh Goodwin Limit: 10 Registration recommended by: May 1st Contact info: nansemondswimclub@gmail.com</p>	<p>For: Level 2 Dates: June 21-24 & June 27-July 1 Time: 11:15-12:00 Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Cathy Bull Limit: 10 Registration recommended by: May 1st Contact info: nansemondswimclub@gmail.com</p>	<p>For: Level 2 Dates: July 18-22 & July 25-29 Time: 7:15-8pm Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Susan Saunders Limit: 10 Registration recommended by: June 1st Contact info: nansemondswimclub@gmail.com</p>
		<p>For: Level 1 Dates: August 1-5 & August 8-12 Time: 6:00pm-6:45pm Fee: \$50 for pool members/\$60 non-members Instructor: Instructor Kelli Manno Limit: 10 Registration recommended by: July 1st Contact info: nansemondswimclub@gmail.com</p>

NSC Swim Lesson Levels

We use both YMCA Swim Instructors and American Red Cross Instructors to teach our swim lessons. Below is how to best describe our lesson levels so you know which class is best for your swimmer:

Level 1

- Plays with toys in water without tears
- Puts eyes, nose, mouth under water
- Can do a back float
- Looks around underwater
- Kick plays in the water

Level 2

- Explores the shallow end
- Can open eyes and get an item under the surface of the water
- Can back float
- Can front glide
- Can start to do arm and leg front crawl movements with assistance

Level 3

- Jumps from side into deep water
- Back float, 30 seconds
- Front crawl, 15 yards
- Elementary backstroke, 15 yards
- Can pick up item on floor of pool

Private Swim Lessons

NSC has instructors that are willing to provide individual instruction to swimmers on a per lesson basis.

If you would like to learn more about our private lessons and our instructors, check in the pool office or please email

nansemondswimclub@gmail.com

Level 4 and/or Level 5 Swim Lessons can be organized if there is enough interest! Contact the Pool Manager!

NSC: Going Green!

Thank you all very much for sharing email addresses. Pool invoices for summer dues have been sent out by email so that the pool can save several hundreds of dollars in mailing fees plus many hours of copying, folding, stamping, and labeling by the Board. Your efforts, along with

ours have paid off. If you know of someone who is not receiving email communications or who has not yet received their summer dues invoice, please have them email nansemondswimclub@gmail.com.

Thank you!

"Coming together is a beginning, staying together is progress, and working together is success."

Henry Ford

Membership and Guest Policies

Your stock membership includes unlimited visits to the pool for the stock owners and 1) the stock owner's birth, legally adopted, or legal step-children less than 23 years of age and 2) the stock owner's parents when accompanied by the stock owner or the stock owner's children.

- Guests must register at the office upon arrival and pay their guest fee
- Local guests residing within a 30 mile radius of the pool are permitted 10 visits per person at a cost of \$5.00 per visit.
- Out of town guests of a member may have unlimited visits per summer at a cost of \$5.00 per visit.
- Members with a long term house guest may purchase a season's pass for \$50.00.
- Non-member children brought by a member babysitter may have unlimited visits at a cost of \$5.00 per visit or \$50.00 per child for the season.

Your membership and visits to the pool do not include:

1. The stock owner's children 23 years of age or older. If they still wish to come to the pool regularly, please let us know and we can assist them with purchasing stock membership. If not possible, normal guest policy apply. Special allowances may be made on a case-by-case basis by the Board of Directors if applied for in writing.
2. The stock owner's parents not accompanied by the stock owner or the stock owner's children. If they wish to come to the pool regularly without you or your children, please let us know and we can assist them with purchasing stock membership. If this is not possible, the normal guest policy applies.

3. Multiple families living in one residence may not share stock. Each family should purchase their own individual stock membership.

4. Divorced and permanently separated couples (greater than one year) that owned stock together but no longer live in the same residence. In this situation, it should be determined between the two parties who owns the stock. If this is not possible, the Board of Directors will contact both parties and the party paying dues is the owner of the stock. The other person's name will be removed from the stock membership certificate.

Reminder: Falsifying information about who lives in the household in order to avoid paying guest fees may put your membership at risk.

Benefits of Being a Corporate Sponsor

Our pool offers a corporate sponsorship program for members and non-members who wish to advertise their businesses through the pool. We have ample fence space that can be seen by not only our members, but over 200 additional families per week due to swim meets, parties, and guests. A huge THANK YOU to Aire-Serv and Eclipse Mechanical for their 2010 sponsorship! Vincent and Rebecca Copeland, Aire-Serv's owners are long-term members of NSC! Our Corporate Sponsorship Advertising works!!!

- We recognize that you support the local community and in return the community supports you!
- Corporate sponsorship is cheap advertising!
- It increases your visibility before a regional audience of hundreds!
- Increases sales!
- Reaches an influential, exclusive audience in a short period of time!

For more information or to request Business Partnership Program Information, contact Deborah Merryfield at deborahwithslah@hotmail.com or nansemondswimclub@gmail.com.

Annual Budget for 2011

Membership Dues	\$71,250	198 (assuming 190 will pay)
Expected New Stock Sale	\$0	
Capital assessment	\$0	
Snack Bar (Net)	\$9000	includes grill/guest fees
Fundraisers	\$1300	net of expenses
Fees and Interest	\$1100	
TOTAL REVENUES	\$82,560	
Repairs/equipment/ supplies	\$7,280	drain covers, sand filter media, shut off valves
Licenses/Permits	\$125	state corporation commission
Groundskeeping	\$1,470	\$70 per cutting/21 cuttings
Payroll taxes	\$2,940	fica/medicare/futa/vec
Real estate taxes	\$3,339	December/June/December
Start up	\$1,250	Opening pool cleaning and cleaning supplies
Insurance	\$7,000	work comp/liab/commercial/d&o
Postage/office	\$300	decrease due to email
Professional fees	\$2,250	Treasurer \$125/mth/tax return \$600/legal \$150
Utilities	\$8,000	garbage/electric/water/phone
Payroll	\$32,443	7% increase over last year
Chemicals	\$11,000	
Miscellaneous	\$1,000	includes advertising
Water/sewer loan	\$642	\$160.52/mth times 4 months
Federal and state income tax	\$3,521	Employee taxes plus estimates
TOTAL EXPENSES	\$82,560	
Operating income (loss)	0	

Fun in the Sun!

Pool Hours

Before June 13th, refer to calendar!

June 13th – August 21st
Mon – Thursday
10:30 AM – 8:00 PM
Fri - Saturday
10:30 AM – 9:00 PM
Sunday
1:00 PM – 8:00 PM

After August 21st, refer to calendar!

Tennis Camp

When: June 27th—June 30th

Beginner's class: 9am-10am

Intermediate class: 10-11am

Cost: \$50

Instructors: Nancy and Mark Keating

Contact: mkeats4@mac.com

Member-Sponsored Parties

Members may book a party at one of the shelters at no cost through the Manager or Assistant Manager. The party date/time may not conflict with a pool sponsored event.

NSC members in the party always swim for free. A \$5.00 guest fee will be charged for each non-member who swims.

The member booking the party is responsible for providing a guest list, bringing all guest fees to the office, and must be present at all times. Please pay all fees before leaving the facility. The sponsoring member is responsible for all guests and the pool grounds.

Please talk with the Pool Manager for information regarding

after-hours parties.

Grills are available for \$10. Please reserve a grill when you book the party.



Non-Member Sponsored Parties

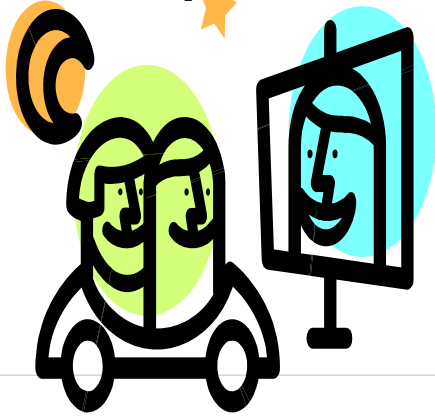
Non-members groups may rent a pavilion for a party

- During regular pool hours
- For \$25/hr **plus**
- \$5 per each non-member swimming guest
- Minimum 10 swimming guests
- \$25 deposit at the time of booking. Deposit covers 1st hour of pavilion rental.
- Deposit forfeited in the event of cancellation by party host.

- Cleanup of the pavilion and any rented equipment is the responsibility of the party host, to the manager's satisfaction.
- Additional fees will be assessed if pavilion and/or rented equipment is not properly cleaned.
- Parties are dependent on the weather and may be cancelled due to temperature below 70 degrees, rain, thunder, and/or lightning. Party may be rescheduled for a later date dependent on pavilion availability.

Dive-In Movie Now Showing

Free popcorn!



How many of you remember getting into your pajamas with all your family and piling in the back of your fake wood-trimmed station wagon and going to the local drive-in theatre? Do you remember dad fiddling with that darn microphone thingy so it didn't have so much static in the car? Let's have fun recreating those days! When it gets close to dusk this summer, we'll have some evenings planned for good, wholesome movies to be shown out-

side for the entire family! Bring your popcorn and snacks. Bring your blanket and "Kool-aid!" Let's kick back and watch movies together and LAUGH!

The NSC Feature Movie Line-Up!

"Tangled"
Sat June 18th, 6pm

"The Princess and The Frog"
Sat July 16th, 6pm

"Penelope"
Sat August 20th, 6pm

Swim Team News

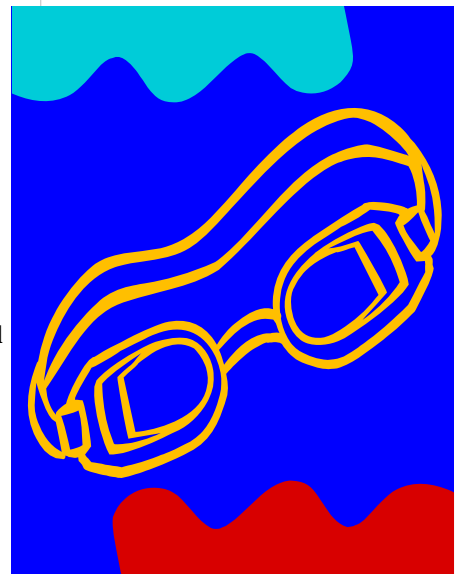
We are the Nansemond Sharks! Swim practice starts May 31st at 5pm for the younger swimmers and 5:45pm for the older swimmers. Practices are every day, Monday through Friday.

The cost for the swim team is \$60 which includes the cost of a very cool Nansemond Sharks water bottle. The price excludes the cost of a team swimsuit, team cap, and required swim goggles (all of which can be purchased through our team).

There is no specific lower age limits for joining the swim team, but your swimmer must be able to swim the length of the pool unassisted. The upper age limit is 18 years of age.

We swim competitively in the Western Tidewater Swim Association. There will be a total of eight swim meet plus one All-Star Meet. Swim meets are on Saturday mornings and Wednesday evenings. The swim season ends on the evening of July 23rd with a great Award Ceremony!

Registration will be held April 23rd, 11a-1p at the pool. Sign up on or before this date and get \$10 off registration! Registration for the swim team continues through Memorial Day. For more information, contact the Swim Team Chair, Shelby Hamilton, at 434-5613 or visit our website at www.nansemondswimclub.com



New Concession Menu Items

Look for some new items we will be trying this summer at the Snack Bar! We are now serving:

- Ice cream
- Uncrustables (peanut butter and jelly sandwich)
- Fruit snacks



- Angus burger (microwavable)
- Nab type crackers
- YooHoo carton
- Pretzels
- Crystal light (single serve packets)

Nansemond Swim Club

Mailing Address

PO Box 6080
Suffolk, VA 23433

Location

8907 Eclipse Drive
Suffolk, VA 23433
Phone: 238-2243

E-mail: nansemondswimclub@gmail.com
www.nansemondswimclub.com

2011 Nansemond Swim Club Board of Directors

Pool Manager—Kim Bowden
Assistant Pool Manager—Nancy Keating

President—Angie Ebel
angie.ebel@gmail.com (cell 292-6502)

Vice-President—Jim Hamilton

Secretary—Michelle Manfred

Treasurer—Susan Saunders

Membership—Cindy Arnold

Rules/Hiring—Scott Schwegel

Fundraising/Recreation—Deborah Merryfield

Maintenance—Matt Southern

Webmaster—Lisa LeBlanc

Board Member-at-Large—Suzanne Wright

Board Member-at-Large—Kathy Babel

Pay your summer dues by
April 30th to avoid late fee!

Would you like to join Nansemond Swim Club?

Contact Cindy Arnold at cinarnold@yahoo.com

Pool Closed for swim meets on the following dates and times

Wednesday, June 22nd 4:30pm—9pm

Saturday, June 25th 7am—12noon (pool opens at 1pm)

Wednesday, June 29th 4:30pm—9pm

Wednesday, July 6th 4:30—9pm

Wednesday, July 13th 4:30—9pm

**Swim Team
practices
Memorial Day
thru
July 23rd
5pm—7pm**

**The deep end
and shallow end
are always
available for recrea-
tional swimming!**

Nansemond Swim Club

Business Partnership Program

Sponsorship Level

Our Business Partners Will Receive:

\$250
Business banner display on fence surrounding the pool
5 guest passes
Business cards available to members

\$500
Business banner display on fence surrounding the pool
10 guest passes
Business cards + brochures available in hallway
Permanent 'Thank You' Sign in hallway
Logo exposure on pool website

\$750
Business banner display on fence surrounding the pool
15 guest passes
Business cards + brochures available in hallway
Permanent 'Thank You' Sign in hallway
Logo exposure on pool website

\$1000
Business banner display on fence surrounding the pool
Business cards + brochures available in hallway
Permanent 'Thank You' Sign in hallway
NSC Pool Party, including pavilion, gas grill, &
25 guests
Logo exposure on website

- Banner is supplied by company and can stay on the fence can stay up throughout the summer swim season. Banners should fit between fence sections.
- Business cards & literature will be displayed in an organized Lucite display provided by pool.
- 'Thank You' sign will be a 18 x 24" perpetual plaque with engraved plates for sponsors. Plaque will be ordered by July 1 and will remain through the season and in coming years.
- Business will provide a camera-ready logo or artwork for website and marketing materials.
- Sponsorships which are signed after August 1st will be included in the following year's sponsors (though the banner can be displayed for the remainder of the current season.)

Nansemond Swim Club

Business Partnership Program

My company will partner with Nansemond Swim Club through the **NSC Business Partnership Program** for the summer season 2010. In exchange, my business will receive the following benefits as detailed on the attached form:

- _____ \$250 Business banner displayed on fence surrounding the pool, 5 guest passes, and a display of business cards available to members

- _____ \$500 Business banner displayed on fence surrounding the pool, 10 guest passes, a display of business cards + brochures available in hallway, logo exposure on pool website, and a permanent 'Thank You' sign in hallway.

- _____ \$750 Business banner displayed on fence surrounding the pool, 15 guest passes, a display of business cards + brochures available in hallway, logo exposure on pool website, and a permanent 'Thank You' sign in hallway.

- _____ \$1000 Business banner displayed on fence surrounding the pool, a display of business cards + brochures available in hallway, logo exposure on pool website, a permanent 'Thank You' Sign in hallway, and a Nansemond Swim Club pool party for 25 guests.

Company Name:			
Representative:			
Address:			
Email:			
Contact phone Numbers			
Web address:			
Banner size:		Logo supplied:	

Please make checks payable to Nansemond Swim Club.

April 2011 - Nansemond Swim Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23 Swim Team Registration 11am - 1pm 11am - We need help for about one hour taking off the pool cover!
24	25	26	27	28	29	30 Niermans come to drain and clean the pool! Drain covers go on. Also work on shut off valve starts! NO LATE FEE IF DUES PAID POSTMARKED BY TODAY!

May 2011 - Nansmond Swim Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Skate Party 6-8pm \$7 includes pizza, drink, skates	6	7
8	9	10	11	12	13	14 Clean Up Day 9am-1pm All Members Please Come Help! It Won't Take Long!
15	16	17	18	19	20	21
22	23	24	25	26	27	28 Opening Day Pool Open 10:30am-9pm
29 Pool Open 1pm-8pm	30 Pool Open 10:30am-7:30pm Ice Cream Social begins at 11:30am!	31 Pool Open 3pm-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45	1 Pool Open 3pm - 7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45	2 Pool Open 3pm-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45	3 Pool Open 3pm-9pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45	4 Pool Open 10:30am-9pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45

June 2011 - Nansmond Swim Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool Open 1pm-8pm 29	Pool Open 10:30am-7:30pm Ice Cream Social begins at 11:30am! 30	Pool Open 3pm-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 31	Pool Open 3pm - 7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 1	Pool Open 3pm-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 2	Pool Open 3pm-9pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 3	Pool Open 10:30am-9pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 4
Pool Open 1pm-9pm 5	Pool Open 11am-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 6	Pool Open 11am-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 7	Pool Open 11am-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 8	Pool Open 11am-7:30pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 9	Pool Open 11am-9pm Swim Lessons: Level 2 3-3:45 Level 3 4-4:45 10	Pool Open 10:30am-9pm Open House 12noon - 6pm National Fresh Brewed Ice Tea Day! Fresh brewed tea on us all day after 11:30am! 11
Pool Open 1pm-8pm 12	Pool Open 10:30-8pm Swim Lessons: Level 1 3-3:45 Level 2 4-4:45 13	Pool Open 10:30-8pm Swim Lessons: Level 1 3-3:45 Level 2 4-4:45 14	Pool Open 10:30-8pm Swim Lessons: Level 1 3-3:45 Level 2 4-4:45 15	Pool Open 10:30-8pm Swim Lessons: Level 1 3-3:45 Level 2 4-4:45 16	Pool Open 10:30am-9pm Swim Lessons: Level 1 3-3:45 Level 2 4-4:45 17	Pool Open 10:30am-9pm DIVE-IN MOVIE NITE: 6pm Feature Movie is "Tangled" 18
Pool Open 1pm-8pm 19	Pool Open 10:30-8pm Swim Lessons: Level 1 3-3:45 Level 2 4-4:45 20	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Level 1 3-3:45 Level 2 4-4:45 Swim Team (Only) Swim Clinic 10:30am-12noon ••• 21	Pool Open 10:30-4:30pm Pool Closes at 4:30 for swim meet Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Level 1 3-3:45 Level 2 4-4:45 Swim Team (Only) ••• 22	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Level 1 3-3:45 Level 2 4-4:45 23	Pool Open 10:30am-9pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Level 1 3-3:45 Level 2 4-4:45 ••• 24	Pool Open 1pm-9pm Pool opens late due to early am swim meet 25
Pool Open 1pm-8pm 26	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am ••• 27	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am ••• 28	Pool Open 10:30-4:30pm Pool Closes at 4:30 for swim meet Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am ••• 29	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am ••• 30	Pool Open 10:30am-9pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon 1	Pool Open 10:30am-9pm 2

July 2011 - Nansmond Swim Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool Open 1pm-8pm 26	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am 27	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am 28	Pool Open 10:30-4:30pm Pool Closes at 4:30 for swim meet Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: 29	Pool Open 10:30-8pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon Tennis Camp: Beginners - 9am-10am Intermediate - 10am - 11am 30	Pool Open 10:30am-9pm Swim Lessons: Level 1 10:30-11:15am Level 2 11:15-12noon 1	Pool Open 10:30am-9pm 2
Pool Open 1pm-8pm 3	Pool Open 10:30am-5pm Pool Closes 5pm Reopen for BIG, FUN Fourth of July Party at 6pm Cost \$10 for single, \$25 for family; \$10 to park, no party 4	Pool Open 10:30-8pm Swim Lessons: Level 3 10:30-11:15am 5	Pool Open 10:30-4:30pm Pool Closes at 4:30 for swim meet Swim Lessons: Level 3 10:30-11:15am 6	Pool Open 10:30-8pm Swim Lessons: Level 3 10:30-11:15am 7	Pool Open 10:30am-9pm Swim Lessons: Level 3 10:30-11:15am 8	Pool Open 10:30am-9pm 9
Pool Open 1pm-8pm 10	Pool Open 10:30-8pm Swim Lessons: Level 3 10:30-11:15am 11	Pool Open 10:30-8pm Swim Lessons: Level 3 10:30-11:15am 12	Pool Open 10:30-4:30pm Pool Closes at 4:30 for swim meet Swim Lessons: Level 3 10:30-11:15am 13	Pool Open 10:30-8pm Swim Lessons: Level 3 10:30-11:15am 14	Pool Open 10:30am-9pm Swim Lessons: Level 3 10:30-11:15am 15	Pool Open 10:30am-9pm DIVE-IN MOVIE NITE: 6pm Feature Movie is "The Princess and The Frog" 16
Pool Open 1pm-8pm 17	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 18	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 19	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 20	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 21	Pool Open 10:30am-9pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 22	Pool Open 10:30am-9pm 23
Pool Open 1pm-8pm 24	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 25	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 26	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 27	Pool Open 10:30-8pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 28	Pool Open 10:30am-9pm Swim Lessons: Level 1 6:30-7:15pm Level 2 7:15-8pm 29	Pool Open 10:30am-9pm 30
Pool Open 1pm-8pm 31	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 1	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 2	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 3	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 4	Pool Open 10:30am-9pm Swim Lessons: Level 1 6:00-6:45 5	Pool Open 10:30am-9pm 6

August 2011 - Nansemond Swim Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool Open 1pm-8pm 31	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 1	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 2	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 3	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 4	Pool Open 10:30am-9pm Swim Lessons: Level 1 6:00-6:45 5	Pool Open 10:30am-9pm 6
Pool Open 1pm-8pm 7	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 8	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 9	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 10	Pool Open 10:30-8pm Swim Lessons: Level 1 6:00-6:45 11	Pool Open 10:30am-9pm Swim Lessons: Level 1 6:00-6:45 12	Pool Open 10:30am-9pm 13
Pool Open 1pm-8pm 14	Pool Open 10:30-8pm 15	Pool Open 10:30-8pm 16	Pool Open 10:30-8pm 17	Pool Open 10:30-8pm 18	Pool Open 10:30am-9pm 19	Pool Open 10:30am-9pm 20 DIVE-IN MOVIE NITE: 6pm Feature Movie is "Penelope"
Pool Open 1pm-8pm 21	Pool Open 11-7pm 22	Pool Open 11-7pm 23	Pool Open 11-7pm 24	Pool Open 11-7pm 25	Pool Open 11am-8pm 26	Pool Open 11am-8pm 27
Pool Open 1pm-7pm 28	Pool Open 11-7pm 29	Pool Open 11-7pm 30	Pool Open 11-7pm 31	Pool Open 11-7pm 1	Pool Open 11am-8pm 2	Pool Open 11am-8pm 3

September 2011 - Nansemond Swim Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool Open 1pm-7pm 28	Pool Open 11-7pm 29	Pool Open 11-7pm 30	Pool Open 11-7pm 31	Pool Open 11-7pm 1	Pool Open 11am-8pm 2	Pool Open 11am-8pm 3
Pool Open 1pm-7pm 4	Pool Open 10:30am-5pm 5 We need many members to help close the pool and put the pool cover back on top of the pool at 5pm! Thank you!	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1