

**2010 OH BGSC HOLIDAY INVITATIONAL  
BOWLING GREEN, OH**

**HELD UNDER THE SANCTION OF USA SWIMMING  
USA SANCTION OH 3419**

<b>DATES</b>	December 10-11, 2011		
<b>PLACE</b>	Cooper Pool, Bowling Green State University Recreation Center Bowling Green State University, Bowling Green, Ohio		
<b>TIMES</b>	Saturday, December 11:		
	8-UN, 9-10, <b>11-12 Boys</b>	Warm-up	7:15 AM
		Session Start	8:05 AM
	<b>11-12 Girls, 13 &amp; over</b>	Warm-up	TBD
		Session Start	TBD
	Sunday, December 12:		
	8-UN, 9-10, <b>11-12 Boys</b>	Warm-up	7:15 AM
		Session Start	8:05 AM
	<b>11-12 Girls, 13 &amp; over</b>	Warm-up	TBD
		Session Start	TBD

**POOL** The Cooper Pool is a ten-lane, twenty-five yard pool with Colorado timing and scoreboard display. It has been measured and certified in accordance with USAS section 104.2.2C(4). The copy of such certification is on file with USA Swimming. The minimum water depth, measured in accordance with Article 103.2.3, is 12 feet at the start end and 12 feet at the turn end. Multiple-lane continuous warm-up/warm-down is available outside the competition area. The gutter system is 6 inches below the deck for easy entrance/exit.

**DIRECTIONS** (Parking is available in University Lots 16 and 1 - in front of and to the west of the College of Musical Arts). Alternative parking is available in Lots 10 and 18 - the Ice Arena east of the SRC and the Field House north of the SRC).

- From **I-75**, take exit 181 west (Wooster St.); turn right onto Mercer Road (light just past Wendy's; turn left onto Merry St.
- From **SR 6**, exit onto Bowling Green Road; turn north from Wooster St. onto Mercer Road; turn left onto Merry St.
- From **SR 25**, turn east onto Poe Road; turn right onto Mercer Road; turn right onto Merry St.

**MEET DIRECTOR**     Scott Sehmman     1335 Sheffield Dr     (419) 352-6127  
Bowling Green, Ohio 43402     [sehmans@bgsu.edu](mailto:sehmans@bgsu.edu)

**ENTRY CHAIR**     Tom Knox     217 N. Maple Street (     (419) 353-6502  
Bowling Green, Ohio 43402     [tknox@bgsu.edu](mailto:tknox@bgsu.edu)

**CONDUCT OF MEET**

- Competition will be conducted under USA Swimming rules. All coaches and swimmers must be registered members of USA Swimming.
- There will be no registration of swimmers or coaches on deck.**
- All individual events are pre-seeded timed finals except the 500 Free.
- Positive check-in will be required for the 500 free.

**SWIMMERS UNACCOMPANIED BY A USA MEMBER SWIMMING COACH** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **SWIMMERS WITH A DISABILITY**

Swimmers with a disability are welcome to enter and compete in the BGSC Holiday Invitational. Coaches:

- Should enter the swimmers on Hy-Tek or on the paper entry form
- Provide advance notice of any necessary accommodations
- List in the email with the Hy-Tek entry (or on paper) the swimmers' name, entry times, strokes/distances, days/sessions, and how the swimmers prefer to be seeded. Swimmers with a disability will be seeded with the same age group in either the same distance race or a longer distance race (i.e., they may swim a 50 freestyle during the 100 freestyle).

### **ENTRIES**

- Send electronic entries to the Entry Chair: [tknox@bgsu.edu](mailto:tknox@bgsu.edu). Do not send entries to the Meet Director or to BGSC coaching personnel.
- In the interest of good meet management, the BGSC Holiday Invitational will be restricted to a combination of approximately 500 swimmers/430 heats/3700 individual event entries.
- Entries will be accepted on a **first-come-first-serve** basis. Entries must be **received** by 5:00 PM, Wednesday, **November 30**. Receipt by this date does **not** guarantee acceptance.
- Telephone entries/scratches will not be accepted.
- BGSC reserves the right to limit 500-yard events based on entry times and 9-10 and 11-12 200-yard events to three heats based on times submitted.**
- Entry times slower than the cutoff time shown in the Order of Events will not be accepted in these events; please do not submit such times or enter swimmers "NT" in these events. 9-10 and 11-12 swimmers may enter the Open 200 Free only if their time is faster than the cutoff time for their age group.**
- BGSC reserves the right to decide on other limitations as may be necessary.
- Clubs providing electronic addresses will be notified if limits have been imposed. Clubs may also check the BGSC website (<http://bgscgators.com>).

### **OPEN ELIGIBILITY**

- Submit best yard times for seeding. Entries are to be submitted on a disk using Hytek-compatible programs (send hard copy with entry fees).
- Teams submitting entries electronically may update entry times (electronically) through 5:00 PM, November 30..
- Swimmers must compete in the age group corresponding to their age, as determined by USA Swimming ID, on December 10, 2011. Please include correct ages and USA Swimming ID on the entry forms.
- A swimmer may enter more than five individual events per day, but **may swim no more than five individual events per day.**
- Relays**, with seed time, must be included on the entry form/Hytek file. Swimmers need not be specified at time of entry. Relays will be deck-seeded.
- Standby/alternate** swimmers will be placed in any heat in which a lane becomes available and can score team points and win awards.
- Deck entries** will be allowed on a space-available basis and cannot score team points or win awards.

<b>FEES</b>	Individual events	\$4.00	per event
	Relay events	\$7.00	per event

LSC surcharge (Travel Fund)	\$1.00	per swimmer
LSC Surcharge (Championship Site Fund)	\$1.00	per swimmer

**MAKE CHECKS PAYABLE TO:** Bowling Green Swim Club

**MAIL HARD COPY ENTRIES TO:** BGSC Holiday Invitational  
c/o Tom Knox  
P.O. Box 793  
Bowling Green, OH 43402

### SCORING AND AWARDS

<b>Scoring:</b>	Individual Events	1st-10th: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1
	Relay Events	1st-8th: 22, 18, 16, 14, 12, 10, 8, 6
<b>Individual Awards:</b>	Medals:	1st-4th places
	Ribbons:	5th-8th places
<b>Relay Awards:</b>	Medals:	1st-3rd places
	Ribbons:	4th-6th places
<b>Heat Prizes</b>	Heat winner prizes will be awarded in randomly selected heats 13&Over events will be scored and awarded as 13-14 and 15&Over.	

**CONCESSIONS** Food items available at the meet will include items such as pizza, juice, coffee, fruit, muffins, bagels, popcorn, yogurt, salads, and sandwiches. Please note that **no foods, beverages, food containers or coolers are to be brought into the SRC.**

**HEAT SHEETS** Heat sheets will be sold at concessions.

**FINAL RESULTS** No hard copies of results will be mailed. Results will be made available on the BGSC and OSI websites. Hard copies of results may be purchased for \$10.00 each.

**PLEASE NOTE:** The swimming facility at BGSU is one of the finest in the Midwest. To insure its continued availability for USA Swimming age-group meets, we ask that all swimmers and spectators observe the following meet rules.

- (1) Swimmers and spectators must enter and exit only through the front entrance of the SRC. Other means of access to the building are for the use of the SRC staff only.
- (2) Smoking is not allowed in any area of the Recreation Center.
- (3) All swimmers and spectators are to stay in the areas of the Recreation Center designated for the swim meet (Cooper Pool, locker room, and spectator areas). Other areas of the Recreation Center will be in use by individuals or groups during the meet. Swimmers are not allowed to enter Andrews Pool or the saunas located in the locker rooms. Tours of the facility can be arranged at the main entrance.
- (4) No food or beverages of any kind are to be brought into the building. Concessions are available at the meet and many restaurants are within a few minutes of the Center.
- (5) No alcoholic beverages are permitted in or around the Center.
- (6) Sound boxes and television sets may not be brought into the building. Small iPod and "Walkman"-type units with earphones may be used.
- (7) Only swimmers, coaches, and meet personnel are to be on deck or in the hospitality room during the meet.
- (8) For their own safety, swimmers must wear shoes or sandals when they leave the pool and locker room areas.
- (9) All SRC rules and regulations are in effect during all meet sessions.

## **WARMUP PROCEDURES**

- There are no assigned lanes for warm-ups.
- Coaches may have control over their lane/s, so long as safety is not compromised and OSI warmup guidelines are observed.
- If sprint lanes are needed, please see the meet referee.
- With the consent of the Meet Director or Referee, the host club may modify the time schedule or recommend lane assignments. Such changes shall be announced and/or posted prominently in the pool area.

## **SAFETY GUIDELINES:**

### **COACHES' RESPONSIBILITIES**

1. To instruct their swimmers regarding safety guidelines and warm-up procedures.
2. To actively supervise their swimmers throughout the warm-up period.
3. To maintain as much verbal and visual contact as possible throughout the warm-up period.
4. To stand near the starting end of the pool when starting swimmers on sprint or pace work.

### **MARSHALS**

1. Marshals will be on deck during warm-up sessions and will have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.

### **MISCELLANEOUS**

1. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not mount the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time.
4. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

**BOWLING GREEN HOLIDAY INVITATIONAL  
ORDER OF EVENTS**

(Entry cutoff times in boldface)

101	10-UN	Girls	100 Back	<b>1:38.29</b>	301	11-12	Boys	200 Free	<b>2:33.79</b>
102	10-UN	Boys	100 Back	<b>1:40.19</b>	302	10-UN	Girls	200 Free	<b>3:08.29</b>
103	11-12	Boys	200 IM	<b>2:58.29</b>	303	10-UN	Boys	200 Free	<b>2:55.89</b>
104	9-10	Girls	100 IM		304	8-UN	Girls	100 Free	
105	9-10	Boys	100 IM		305	8-UN	Boys	100 Free	
106	8-UN	Girls	100 IM		306	11-12	Boys	50 Fly	
107	8-UN	Boys	100 IM		307	10-UN	Girls	50 Back	
108	10-UN	Girls	100 Breast	<b>1:49.99</b>	308	10-UN	Boys	50 Back	
109	10-UN	Boys	100 Breast	<b>1:53.19</b>	309	8-UN	Girls	25 Back	
110	11-12	Boys	50 Back		310	8-UN	Boys	25 Back	
111	9-10	Girls	50 Free		311	12-UN	Boys	100 Back	<b>1:28.59</b>
112	9-10	Boys	50 Free		312	10-UN	Girls	50 Breast	
113	8-UN	Girls	25 Free		313	10-UN	Boys	50 Breast	
114	8-UN	Boys	25 Free		314	12-UN	Boys	100 Breast	<b>1:38.39</b>
115	12-UN	Boys	100 Fly	<b>1:25.59</b>	315	10-UN	Girls	100 Fly	<b>1:40.89</b>
116	10-UN	Girls	50 Fly		316	10-UN	Boys	100 Fly	<b>1:42.09</b>
117	10-UN	Boys	50 Fly		317	8-UN	Girls	25 Breast	
118	8-UN	Girls	25 Fly		318	8-UN	Boys	25 Breast	
119	8-UN	Boys	25 Fly		319	11-12	Boys	50 Free	
120	11-12	Boys	100 Free		320	10-UN	Girls	200 IM	<b>3:14.69</b>
121	9-10	Girls	100 Free		321	10-UN	Boys	200 IM	<b>3:13.49</b>
122	9-10	Boys	100 Free		322	11-12	Boys	200 FR	
123	8-UN	Girls	50 Free		323	10-UN	Girls	200 FR	
124	8-UN	Boys	50 Free		324	10-UN	Boys	200 FR	
125	11-12	Boys	50 Breast		325	11-12	Boys	500 Free	<b>6:33.59</b>
126	10-UN	Girls	200 MR						
127	10-UN	Boys	200 MR		401	13 & Over	Women	400 IM	<b>6:34.59</b>
128	11-12	Boys	200 MR		402	13 & Over	Men	400 IM	<b>6:08.59</b>
					403	11-12	Girls	200 Free	<b>2:43.29</b>
201	11-12	Girls	200 IM	<b>2:59.29</b>	404	13 & over	Women	200 Free	
202	13 & over	Women	100 Back		405	13 & over	Men	200 Free	
203	13 & over	Men	100 Back		406	11-12	Girls	50 Fly	
204	11-12	Girls	50 Back		407	13 & over	Women	100 Fly	
205	13 & over	Women	50 Free		408	13 & over	Men	100 Fly	
206	13 & over	Men	50 Free		409	11-12	Girls	100 Back	<b>1:28.29</b>
207	11-12	Girls	100 Fly	<b>1:29.59</b>	410	13 & over	Women	100 Breast	
208	13 & over	Women	200 IM		411	13 & over	Men	100 Breast	
209	11-12	Girls	50 Breast		412	11-12	Girls	50 Free	
210	13 & over	Men	200 IM		413	13 & over	Women	100 Free	
211	11-12	Girls	100 Free		414	13 & over	Men	100 Free	
212	Open	Women	400 MR		415	11-12	Girls	100 Breast	<b>1:39.99</b>
213	Open	Men	400 MR		416	Open	Women	400 FR	
214	11-12	Girls	200 MR		417	11-12	Girls	200 FR	
215	Open	Women	500 Free	<b>6:22.39</b>	418	Open	Men	400 FR	
216	Open	Men	500 Free	<b>6:09.39</b>	419	11-12	Girls	500 Free	<b>6:40.19</b>

**Entry times slower than the cutoff time shown in the Order of Events will not be accepted; please do not submit such times or enter swimmers "NT" in these events.**

**ENTRY SUMMARY SHEET**

**TO BE INCLUDED WITH YOUR ENTRIES**

TEAM \_\_\_\_\_

TEAM CODE \_\_\_\_\_

AGE GROUP	GIRLS			BOYS		
	NUMBER OF SWIMMERS	INDIV EVENTS	RELAY EVENTS	NUMBER OF SWIMMERS	INDIV EVENTS	RELAY EVENTS
8-UN						
9-10						
11-12						
13-14						
15&OVER	(1)	(2)		(1)	(2)	
<b>COLUMN TOTALS</b>						

GIRL + BOY TOTALS: \_\_\_\_\_ SWIMMERS @ \$2.00 = \$ \_\_\_\_\_

\_\_\_\_\_ INDIV EVENTS @ \$4.00 = \$ \_\_\_\_\_

\_\_\_\_\_ RELAY EVENTS @ \$7.00 = \$ \_\_\_\_\_

**TOTAL** = \$ \_\_\_\_\_

**Make check payable to:** Bowling Green Swim Club

**PLEASE RETURN WITH YOUR ENTRY FORMS**

COACH \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE DAY \_\_\_\_\_ EVENING \_\_\_\_\_

E-MAIL \_\_\_\_\_

ENTRY CHAIR \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE DAY \_\_\_\_\_ EVENING \_\_\_\_\_

E-MAIL \_\_\_\_\_

BOWLING GREEN HOLIDAY INVITATIONAL SWIM MEET  
COOPER POOL, BOWLING GREEN STATE UNIVERSITY STUDENT RECREATION CENTER  
DECEMBER 10, 11, 2011 USA SANCTION # OH 3419

[Signature of the following is **required** for Ohio Swimming, Inc. sanctioned swim meets]

The undersigned team representative certifies by his/her signature that all athletes representing or entered by the team in this sanctioned swim meet are currently member athletes of United States Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of United States Swimming. (Teams must have verification of swimmers' and coaches' membership in United States Swimming, Inc. available for examination at the meet.)

TEAM \_\_\_\_\_ DATE \_\_\_\_\_

PRINTED NAME \_\_\_\_\_

SIGNATURE \_\_\_\_\_